



St, Innocent Wellness Resource Center

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Subject: Diocesan Report for 2018

The St. Innocent Wellness Resource Center (SIWRC) was founded as a non-profit outreach of the Orthodox Church in America's Diocese of Sitka and Alaska.

The Center held the first open discussion of Suicide at St. Innocent Cathedral in Anchorage. The Panel members present were His Grace, Bishop David, Ms. Felice Stewart from OCMC, Deacon Sergius Chocknok, and Amy Urbach. The meeting lasted under two hours. Nine people attended the meeting. Information was made available to take home which included handouts from Southcentral Foundation, frequently called numbers list, and the ASK cards. According to the short survey taken after the meeting, the people present said the information helped them.

We are looking for individual that would like to be involved us. This year we welcome Marion Yapunich, **Ph.D.**, Associate Professor of Mathematics, Department of Mathematics and Statistics as our media person. She will be involved in updating our website, facebook, and any other online service.

Lois Sholl
Director

Board Members

Lois Sholl, President

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The Right Reverend David Bishop of Sitka and Alaska

Friday October 12, 2018, ljcs